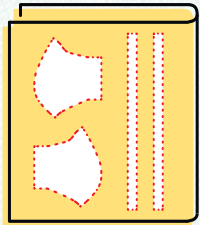


HOW TO MAKE A CLOTH MASK IN 11 EASY STEPS

Requirements: Fabric (20x40cm), Scissors, Thread, Sewing machine & an Iron



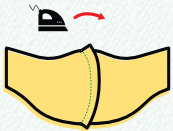
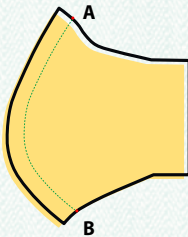
STEP 1:

Lay fabric out by folding the fabric to have two layers of fabric on top of each other. Place the pattern pieces on the fabric. If using a printed fabric, make sure the nose/top part of the pattern is on the top of the print, eg printed faces are not upside down once the mask is completed.
Cut pattern out twice. (1 x outer; 1 x inner).
Cut 4 strips, 4-5cm x 35-40cm. If you prefer longer straps you can cut longer strips.



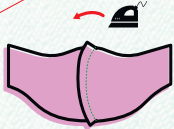
STEP 2:

Match the area indicated with red dots on the paper pattern.
Sew along the curve from point A to B, back-tacking (reverse stitch) at the start and end of the seam. This will create the nose/chin vertical seam of the mask.



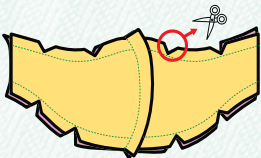
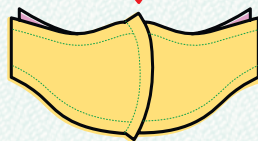
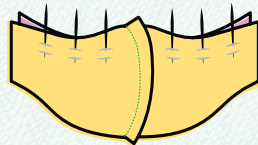
STEP 3:

Repeat process on the lining pieces.
Iron the seam to one side. The lining and outer seams must be ironed in opposite directions.



STEP 4:

Match the top edges, corners, and vertical seam of the inner and outer masks.
Start sewing at the one top corner at 1cm from the side towards the other top corner. (A1 to A2)
Remember to back-tack/reverse stitch at the start and end of the stitch line.
Repeat process at the bottom of the mask.

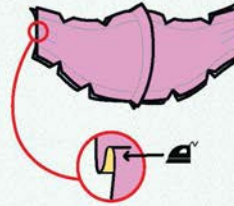
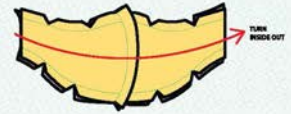


STEP 5:

Along the curve edges, snip into the seam allowances.

*NOTE do not cut across the stitches

STEP 6:
Turn the mask through at the side of the mask.
Roll the edges of the seam and iron in place.

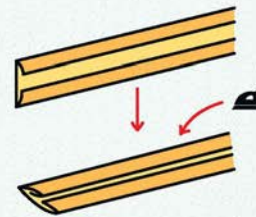
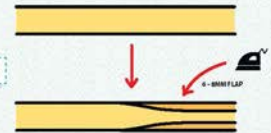


STEP 7:

On the side of the mask there are two ribs (pleat markings), fold the marking to match on top of each other to create a pleat/fold. Iron the pleat/fold in place. Do this step on both sides of the mask.

STEP 8:

Prep the straps, by ironing 9-8mm flaps on both sides towards the centre of the strap.
Repeat for both straps.

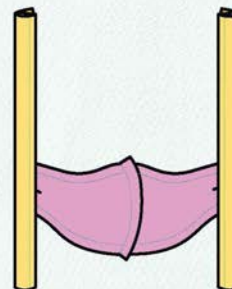
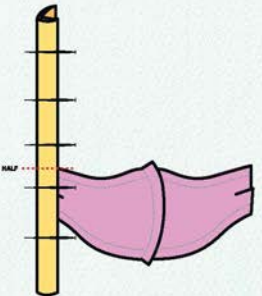


STEP 9:

Fold the straps in half (1 towards 2) matching the edges. Iron flat to secure in place. Repeat for both straps.

STEP 10:

Fold the strap in half (length wise) to find the centre of the strap.
The centre of the strap is the position where the mask should be positioned.
At the centre, wedge the mask into the opening of the strap, so that the strap wraps around the raw edge of the mask's sides. Pin the mask and straps in place.



STEP 11:

Fold the straps in half (1 towards 2) matching the edges. Iron flat to secure in place. Repeat for both straps.

by the Department of Visual Arts at Nelson Mandela University

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